

Association of Physiologists and Pharmacologists of India

(Registered under Act XXI of 1960)

APPI News Letter

April-July 2017 Number 1



**Physiology & Pharmacology
Matters in Medicine - More than Ever**



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AIIMS, Patna

Number 1

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Dear Friends

Warmest Wishes and greetings for the Independence Day to one and all from Patna!

First of all I am thankful to all the members of APPI for showing faith in me and electing as General Secretary of APPI for the term April 2017 to March 2020. It has been a very sincere effort of our previous General Secretary Gp.Cpt. (Dr) D K Dubey, who, in spite of his commitments to Air Force and busy schedule, successfully looked after the APPI work. He has set a goal for me to take APPI to newer heights. I will try my best, with support from past GS, office bearers and all the members to serve the association.

I am thankful to all the members, office bearers, staff and students of AIIMS, Patna and my colleagues who left no stone unturned to make APPICON2016 a success. Still, I know there are things which went wrong and I take the responsibility and sincerely apologies for the same.

I am sorry as this news letter is delayed due to some unforeseen events.

Sincerely yours,

Ramji Singh

PLEASE NOTE

1. Those Annual Members, who have not paid their annual subscription for the year 2017, should pay the same to **Prof. H.N. Mallick**, Finance Secretary, APPI (address given on page3).
2. Fellow Life Members are requested to motivate the new entrants of their department to become Life Member of the association. The form and desired information for becoming Life/Annual Member is printed on the last page.

Address of the General Secretary, Executive Editor, Finance Secretary & Executive Officer, APPI

Dr. Ramji Singh, General Secretary, Head, Department of Physiology, AIIMS, Patna- 801507, .Mobile 9472279868; Email: drramjis@aiimspatna.org

Dr. KK Deepak, Executive Editor, IJPP, Prof and Head, Department of Physiology, AIIMS, New Delhi – 110 029, Phone: 011-26593583, Email: kkdeepak@gmail.com

Dr. Neelam Vaney, Editor- Physiology IJPP, Professor, Department of Physiology, University College of Medical Sciences, University of Delhi, New Delhi- 110095, Email: physiol.editor@ijpp.net.in

Dr. Thirumurthy Velpandian, Editor- Pharmacology IJPP, Additional Professor and In-charge, Ocular Pharmacology Dr R. P. Centre for Ophthalmic Sciences, AIIMS, New Delhi- 110 029, Phone : +91-11-26588919, Email: pharmacoeditor@ijpp.net.in

Dr. HN Mallick, Finance Secretary, Professor, Department of Physiology, AIIMS, New Delhi -110 029, Phone: 91-11-26594881, Email: financesecretaryappi@gmail.com

PROCEEDINGS OF THE GENERAL BODY MEETING OF APPI

The General Body Meeting started at 5:30 pm on 23rd October 2016 at AIIMS Patna.

Election of Chair

- Dr. Ramji Singh proposed name of Dr. KP Puthuraya to chair the meeting of GBM and seconded by Dr. T Velpandian.
Dr K.P Puthuraya elected unanimously to preside the GBM.

The meeting was chaired by Dr. KP Puthuraya. Other members present on the dais were GpCapt (Dr.) DK Dubey (Gen Sec APPI), Dr. HN Mallick (Finance Secretary, APPI), Dr. S Sircar (Editor, Physiology), Dr. T. Velpandian (Editor, Pharmacology) and Dr Ramji Singh (Organizing secretary APPICON 2016)

Following agenda were discussed during the meeting.

2. Approval of last year GBM (2015)
 - Governing body approved minutes of last year (2015) meetings.
3. Election of General Secretary
 - Dr. Ramji Singh's name was proposed by Executive Committee and approved by General body. Thus Dr Ramji Singh is declared elected unanimously as General Secretary of APPI, for the year 2017-2019.
4. Election of Editor Physiology
 - Dr. Karuna Datta proposed the name of Prof Neelam Vaney of UCMS, Delhi, for editor physiology, as no other proposal is received, Dr. Neelam Vaney is declared elected unanimously as Editor Physiology of IJPP.
5. Report by General Secretary:-
 - GpCapt (Dr.) DK Dubey (Gen Sec APPI) presented APPICON 2015 and approved by General body.

The report was accepted by the General body.

6. APPICON 2016 - Awards & Orations

- GpCapt (Dr.) DK Dubey (Gen Sec APPI) announced the name of awardees of APPICON 2016

7. Report by finance secretary

Dr. HN Mallick (finance secretary) presented the finance report for 2015-2016. The copies of the report were circulated to members and was accepted by the General body. The members were very happy with improved financial status of Association and praised the dedicated efforts of finance secretary.

8. Report by Executive Editor

As the Executive Editor was unable to attend the meeting, his report was tabled and presented by the Editor, Pharmacology Dr T Velpandian. The report was accepted by the General body.

9. Report by Physiology Editor

Dr. S Sircar presented the report and GB approved it. DrSircar thanked all the members for support as he successfully completed his term of three years as Editor, Physiology.

10. Report by Pharmacology Editor

- Dr. T Velpandian presented report and GB approved it.

11. Award and orations criteria reviewed

- The report of the committee for review on rules and regulations for the various awards were presented by General Secretary. Suggestions were invited from general body for amendment in rules and regulations for awards. It is decided that it is not mandatory for organizing secretary of APPICON to give TA/DA to awardees; all awardees should be present to receive the award.
- Only those members who are life membership of APPI will be eligible to apply for any award except R Srinivasan prize and Harish Gupta Prize. UGs can have annual membership even one day before APPICON.
- For R Srinivasan and Harish Gupta Prizes, no financial assistance will be provided by APPI and registration for conference is a must. However, it may be waved off by organizing committee of the APPICON if they have finances with them.
- Selection criteria are approved by General body.

12. Credit points on APPICON.

It is suggested and accepted by GB to get credit points for all academic activities from the state Medical Council and the credit points should be mentioned in the certificates of all participants with reference.

13. News letter front page photograph
 - GB sought suggestions from young members of APPI for design of the cover page of APPI newsletters.
14. Next APPICON 2017 / 2018 venue approval
 - The application for APPICON should be received by executive committee one year at least in advance.
 - JIPMER, Puduchery is approved for organizing next APPICON 2017 by GBM. A presentation to this effect was made by the JIPMER team. DrVivek Sharma, Addl Professor, Physiology will be the Organising Secretary and Dr G Gaur, Prof & Head, Physiology will be the Organising Chairman.
 - For 2018 Dr A K Pandey confirmed the APPICON to be organized at ESI Medical College Faridabad.
15. Fixed date for submission of application – Awards & Orations
 - With the approval of GB the last date of application for various APPI awards is fixed as 31 August of every year. This will ensure timely processing and declaration of awards.
16. Fixed date for APPICON
 - After long discussion it was approved that fixed dates of APPICON should be Friday, Saturday and Sunday of November's last week.
17. Fresh Life Members
 - Dr. HN Mallick (Finance secretary), permitted by chair to admit all applicant those applied for life membership as Life Members of APPI. The GB approved the same.
18. Fake Subscriptions
 - GB authorized the Office bearers to handle fake subscription issues. (Journal subscription associated with Life Membership).
19. Vacancy / Job information's to all physiologist by news letter / APPI website. It was suggested by members that faculty openings various medical colleges of India may intimated through the News Letter. It accepted and if such information is shared by the desiring college, it will be published in the news letter.
20. Expert map of India (APPI members)
21. APPI Fellowship –
 - Two Fellows per year of APPI – one expert committee of three professors nominated by Executive Body, will decide the criteria of fellow of APPI and report will give in six months to general secretary.
22. Permanent APPICON & GS website. It is suggested by the members to have a page on the current website or a separate website may be created to show the APPICON activity and General Secretary/ Office activity regularly. All notices, circulars, news letters etc.

may be posted there. The GB suggested that Executive Body should look into the possibility of this.

23. The general Secretary informed about the APPI awards for the year 2016. The process of selection of qualified persons for various awards of APPI was started in September and this time there was a good response. After a careful scrutiny and the decision by learned judges, the following members were selected for various awards of APPI.

Sr.No.	Award	Name of the Awardees
1	Maj. Gen. S L Bhatia	Prof Sunita Tiwari, KGMU Lucknow
2	Prof. Baldeo Singh	NO Award recommended
3	ML Gupta	Dr D Venkatesh, Prof Physiology, MS Ramaih Med College, Bengaluru
4	BK Anand	Dr SP Muthukrishnan, Sr resident AIIMS, New Delhi
5	CL Malhotra	Ms Neha Kapoor, Ph D Scholar (Pharma), AIIMS New Delhi
6	Dev Raj Bajaj Research	Dr AR Vijaya Kumar, Prof& Head, Dept of pharma, MSAJ college of Pharmacy, Sholinganallur, Chennai, TN
7	A V Tilak Pravathi Devi	Dr Paravati Pal, Prof Physiology, JIPMER Puduchery
8	Dr Sushila Thaker	Dr Sachin Kumar Sharma, Sc 'C', Patanjali Research Foundation, HaridwarUttarakhand
9	Prof. RC Shukla Oration	Dr Saurabh Bharti, PhD Pharma, Dept of pharma, AIIMS New Delhi
10	Prof KP Putthuraya	Prof Nina Srivastava, KGMC Lucknow
11	Prof GK Pal	NO Award recommended
12	HH Loescheke Research Prize	NO Award recommended
13	Best Branch Award	KGMU Lucknow Branch
14	Life Time achievement	Prof KP Puthuraya
15	R. Srinivasan Prize	To be declared in Valedictory function
16	Harish Gupta Prize -	To be declared in Valedictory function

24. The GB accepted and congratulated the award winners. The GS on behalf of Office bearers and GB thanked the Organizing Team and the Organizing Secretary of APPICON 2016 for successful organization of conference at Patna after a gap of 50 years.

25. The meeting ended with Vote of Thanks to the chair.

IJPP Website

You can visit the IJPP website at <http://www.appionline.org>.

Important Note

All the office bearers of various chapters of APPI must send their mailing address, mobile and phone number(s) and e-mail address, especially that of the Branch President and Branch Secretary to **Dr. Ramji Singh on his address Department of Physiology, AIIMS Patna, India 801 507 (Bihar) and also by email to email id: drjamjis@aiimspatna.org**

Branch Activity Reports

Dr. Surendra S. Wadikar from Mumbai, working as Professor (Additional) in the Department of Physiology, Topiwala National Medical College, B. Y. L. Nair Ch. Hospital, Mumbai, honoured with two awards in April 2017 for outstanding achievement in the field of education.

The first award was "BEST EDUCATIONIST AWARD" awarded by INTERNATIONAL INSTITUTE OF EDUCATION AND MANAGEMENT, NEW DELHI.

The second award was "RASHTRIYA VIDYA GAURAV GOLD MEDAL AWARD" awarded by INDIAN SOLIDARITY COUNCIL, NEW DELHI.

Appeal

All the members are requested to suggest the names of senior scientists for the panel of judges for various awards of APPI. You should write their complete names and addresses with telephone number and e-mail. Mail your suggestions to: drjamjis@aiimspatna.org

All the branch executives are requested to mail their branch activities regularly.

APPICON 2016 – A REPORT

From the Desk of Organizing Secretary

The APPICON 2016 was a joyous and rigorous 4 day academic feast. The event started with CME cum workshop on 'Building trust in Medical Education' and ended with valedictory session. The conference was attended by more than 700 delegates and students from all parts of the country.

The 49 invited talks as part of 9 symposia and 4 workshops highlighted the scientific fervor of the APPI. This conference also marked the enthusiastic scientific participation from researchers in the field of Physiology and Pharmacology encompassing wide range of topics.

In total 171 papers were submitted for scientific session out of which 36 were chosen for oral presentation 123 were selected for poster presentation, 5 papers were submitted for R Srinivasan award category and 7 papers were submitted by undergraduate researchers from various Institutes for Harish Gupta award category presentation. The papers were submitted in the following fields: Alternative and Complementary Medicine, Cell and Molecular Biology, Cardiovascular Physiology, Endocrinology, Environmental Physiology, Hematology, Medical Education, Metabolism, Neurosciences, Respiratory Physiology, Pharmacology and other fields.

The undergraduate and postgraduate competitions were very competitive and showcased the growing talent of the APPI. Various awards of the APPI were presented during the conference.

The presence of Padmsri Dr. CP Thakur and other dignitaries in the Inaugural program of the conference and blessings of Dr. Ved Prakash Mishra, Chancellor KIMS University, Karad (Maharashtra) in the valedictory session were the most special moments of the conference that will be remembered for long.

The organizing committee is indebted to the executive committee of APPI, delegates and member of APPI who chaired various sessions of the conference. I on the behalf of the organizing committee thank the Administration of All India Institute of Medical Sciences, Patna for their support, various government funding agencies and non-government fundings support that we received during the conference.

Dr. Ramji Singh
Organizing Secretary

R. Srinivasan and Harish Gupta Prizes:

The R Srinivasan Prize was won by Dr. Priyanka Garg, AIIMS New Delhi and Harish Gupta prize won by PrakharPratap of AIIMS, Patna.

APPICON'2017

APPICON 2017 is being organized at JIPMER Puducherry from 12 to 14 October 2017 with preconference workshops and CME on 10 and 11 October.

APPI AWARDS AND ORATIONS FOR 2017

Papers / Biodata / Nominations are being invited for various **APPI Awards** and **Orations** for the year 2017 which are as under-

- 1. Maj. Gen. S.L. Bhatia Oration Award** given to an Indian Scientist of eminence who would have substantially contributed to the research and development in the field of Physiology or allied sciences through outstanding research work carried out primarily in India. Nominations for this award should include the Bio-data of the nominee, duly proposed and seconded by two life members of APPI, list of references and consent of the nominee.
- 2. Prof. Baldev Singh Oration Award** for recognition of outstanding work carried out in the field of Neurophysiology/ Neurosciences. Nominations for this award should include the Bio-data of the nominee, duly proposed and seconded by two life members of APPI, list of references and consent of the nominee.
- 3. M.L Gupta prize** in Medical Education and Technology for recognition of substantial contribution to Medical Education and Technology with special reference to Physiology / Pharmacology / Allied Sciences in India. Nominations for this award should include the Bio-data of the nominee, duly proposed and seconded by two life members of APPI, list of references and consent of the nominee.
- 4. . . Anand Research Prize** given to young Indian Scientist below the age of 40 years for the best paper in Physiology submitted during the year. The applicant should not have received any Prize for the same work / paper in the past, from any other organization. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.
- 5. C.L. Malhotra Research Prize** given to an Indian Young Scientist below the age of 40 years for the best paper submitted in Pharmacology during the year. The applicant should not have received any Prize for the same work / paper in the past, from any other organization. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.
- 6. Dev Raj Bajaj Research Prize** in Techniques/Instrumentation for the best paper on the development of newer Techniques / Instrumentation in Physiology / Pharmacology / Allied Sciences submitted to General Secretary. The applicant should not have received any Prize for the same work / paper in the past, from any other organization. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.

7. **HH Loescheke Research Prize** in Techniques / Instrumentation for the best paper in Respiratory Physiology. The applicant should not have received any Prize for the same work / paper in the past, from any other organization. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.
8. **A.V. TilakPravathy DeviPrize** for the best paper submitted in Endocrinology / Neuroendocrinology. The applicant should not have received any Prize for the same work / paper in the past, from any other organization. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.
9. **Dr. Shushila Thacker PrakrutiMandir Prize** for research investigations in the field of natural health, naturopathy and yoga. The applicant should not have received any Prize for the same work / paper in the past, from any other organization. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.
10. **Prof. R.C. Shukla oration Award** for the best paper in Cardiovascular Physiology. There is no age bar but the applicant should be a Life member of APPI. The paper submitted for this award should be the original work conducted by the scientist in India/Abroad and should not have received any other Award/Prize for the same work. The applicant should enclose a certificate to this effect. Applications for this award should be based on the original work conducted preferably in India / recently published / under publication. Where there are multiple authors, others must nominate the proposed author for the award based on the major quantum of the work done by the applicant.
11. **Prof. K.P. Puthuraya Award** for the Best Teacher in Physiology. For this award, interested teachers in Physiology who are the life members of APPI may send their consent letter, duly proposed and seconded by two life members of APPI, along with his/her professional profile as a teacher. The profile should include Educational qualification, number of years of teaching experience (U.G./P.G.), classes taught (U.G./P.G./Ph.D), Awards / Honours received, number of books authored and number of papers published, conferences, workshops, seminars attended at the National and international level. The Proposer/ Secunder should also send the names and addresses of at least nine students (Former/ Present) of the teacher who can be contacted for a confidential assessment of their teacher through a questionnaire specially prepared for the said purpose.
12. **R. Srinivasan Prize** for the best paper presented by a P.G. student during the Annual conference of APPI. The applicants should send THREE SETS of their FULL LENGTH papers and NOT THE ABSTRACTS alone ;**directly to the organizing secretary, APPICON 2017 on his address: DrVivek Sharma, Department of Physiology, Jawahar Lal Institute of Medical Sciences, Puducherry. These documents should reach the organizing secretary on or before 31st August, 2017. Applications received after this date will not be entertained.**
13. **Harish Gupta Prize** for the best paper presented by an U.G. student during the Annual conference of APPI. The applicants should send THREE SETS of their FULL LENGTH papers and NOT THE ABSTRACTS alone ;**directly to the organizing secretary, APPICON 2017 on his address: DrVivek Sharma, Department of Physiology, Jawahar Lal Institute of Medical Sciences, Puducherry. These documents should reach the organizing secretary on or before 31st August, 2017. Applications received after this date will not be entertained.**
14. **Life time achievement award** to be awarded to the lifemember of the association who has been a scientist of eminence and has contributed substantially for the association. This award was instituted by APPICON-2008, Organizing secretary Dr Ramesh Bhat, Treasurer Dr Sheila Pai, and Convener Dr. Ganaraja, Dept of Physiology, KMC, Mangalore, to be awarded to the life member of the association who has been a scientist of eminence, and has contributed substantially for the association. The winner of the

award will be selected by a committee which includes HOD, Physiology, KMC, Mangalore; General Secretary, APPI and Organizing Secretary.

15. **Prof. G.K. Pal Award** for Best Research Paper published in Indian Journal of Physiology and Pharmacology. The research paper should have been published in the last four issues (prior to this announcement) of IJPP and the paper should not have received any APPI award in the previous years. In case of multiple-author paper, the applicant for this award must produce an undertaking from all co-authors duly signed that they have no objection for the concerned author applying for the award.
16. **Best branch award** for the year 2017-2018. Nominations for the Best Branch Award should reach the General Secretary, APPI by **31st August 2017**. The Local Branch Secretaries should send the nominations with a list of activities organized by their branch during the year 2017.

Procedure for selection and award presentation

1. All the Awards and Prizes are meant for the **LIFE MEMBERS of APPI** only, **except R. SRINIVASAN Prize**, for which the candidate should have enrolled oneself as an Annual Member/Life Member. For **HARISH GUPTA prize** the student has to register for the conference.
2. **Papers/Biodata/Nominations for Awards and Orations from Sr.No. 1 to Sr.No. 11 and Sr. No. 14 to Sr. No. 16 in the above list should reach the General Secretary Dr. Ramji Singh on his address Department of Physiology, All India Institute of Medical Sciences, Patna 801507 on or before 31st August 2017 in 3 sets of printed documents and a soft copy. The soft copy should be sent by e-mail to email id: drramjis@aiimspatna.org so that under no circumstances it fails to reach the General Secretary or is delayed in ordinary mail. Applications received after the above mentioned date will not be entertained.**
3. **Procedure for all awards/nominations from Sr.No.1- Sr.No.11 and Sr. No. 15:**
A panel of judges will be constituted by the General Secretary to assess various nominations/ papers. The judges will be senior Scientists/ Professors with outstanding academic career and experiences in that particular specialty and they shall not be from the same institution from where there are applicants for that particular Award. Overall consensus of the judges will be final.
4. **Procedure for R. Srinivasan and Harish Gupta Prizes:**
The organizing secretary will arrange a separate scientific session for these papers and a panel of judges constituted by the General Secretary would assess these papers during their presentation. However, in view of large number of entries for these two prizes it becomes extremely difficult to arrange for their presentations on a single day and get them assessed by a single panel of judges. Whenever the number of papers submitted for the said prize exceeds ten, they will be short listed to the best ten papers after scrutiny by a scientific committee constituted by the Organizing Secretary of the conference. Only the best ten short-listed candidates will be permitted to present their papers during the conference for final selection. The winners will be awarded their prizes during the valedictory function of the Annual conference of APPI.
5. All the Award / Prizes of APPI will be decided in the same year and the winners of various Awards and Prizes except award No. 12 and 13 will be informed well in advance by the General Secretary. They will be presented, the Award / Prize during the Inaugural/Valedictory function of the Annual Conference of APPI the same year. If any Award / Prize winner is unable to receive his/her Award/Prize in person and present his/her paper during the conference, due to unavoidable circumstances, the said Awards/Prize will be retained in the office of APPI for one more year and will be handed over to the concerned winner during the APPI Annual conference of the subsequent year after the presentation of the said paper.
6. All the Award/Prize winners will be presented a Memento and a Certificate from the APPI. No TA/DA will be given by the APPI. However they can apply for a subsistence allowance from APPI provided they are not getting any financial assistance from any other sources. The subsistence allowance shall be to and fro second class train fare from the place of their work to the city of the conferences. Payment of TA/DA and providing local hospitality to the Award winners is optional on the part of the organizers of the conference, depending upon their financial position.

7. All the Award/Prize winners are requested to receive their Award/Prize IN PERSON and deliver their oration or present their paper during the Annual conference of APPI of the same year.
8. If no paper is found suitable for a particular Award/Prize, there will be no Award in that year.
9. The selected paper, if not already published will be published in IJPP. In such case, the paper submitted for publication should not contain more than 2500 words.
10. Canvassing or pressurizing for an award will be treated as demerit for the contestants.

THE ASSOCIATION OF PHYSIOLOGISTS AND PHARMACOLOGISTS OF INDIA
Application Form for becoming Life/Annual Member of APPI

To,

The Finance Secretary
 Association of Physiologists & Pharmacologists of India
 Department of Physiology, All India Institute of Medical Sciences
 Ansari Nagar, New Delhi – 110 029 (India)

Dear Sir/Madam,

Please enroll me as a Life/Annual Member of the Association for Physiologists & Pharmacologists of India. I shall abide by the rules and regulations as formulated by the Association. I am herewith sending my subscription fee of Rs. and admission fee of Rs. 10. Total Rs towards my Life/Annual Membership by Money order /Cheque / Demand Draft (Bank Draft is preferable).

	Particulars	
1. Membership required	Life	Annual
2. Name in full (block letters Dr./Mrs./Miss (middle name)	(last name) (first name)

3. Date of Birth

4. Educational Qualifications:	Year of Passing	University
Degree/Diploma/PG Degree		
(a)		
(b)		
(c)		

5. Personal Status

6. Field of interest

7. Address (Office):

Residential:

Tel.No. (R)

E-mail:

Mobile:

Yours faithfully,

Place:

Date:

(Signature)

*Demand drafts may be in favour of "The Association of Physiologists & Pharmacologists of India".

Rates of Membership Subscription			
	Subscription	Admission	Total
(a) Annual Membership (for one financial year)	Rs. 1000/-	Rs 10/-	Rs1010/-
(b) Life membership (for whole life)	Rs. 5000/-	Rs 10/-	Rs 5010/-